

India ▾

Name	Location	Telephone Number	URL	Other
iCALL Psychosocial Helpline	Countrywide	+91-22-25563291	Facebook	Mon-Sat 10 AM to 10 PM Email: ical@tiss.edu
Save India Family Foundation	Countrywide	Listed by North/East/South/West/Central Regions of India	SIFF.in	Local Meetings / Groups on the Net / Free Email Advise
Snehaindia	Countrywide	+91-44-24640050	Snehaindia.in	Email help@snehaindia.org
CBSE Helpline	Centralised Central Board of Secondary Education, India	1-800-18-03456 / 1-800-11-7002	Helpline or CrisisInfo	8:00 am - Midnight / jsctet.cbse@gmail.com / mcsharma2007@rediffmail.com /
Lifeline Foundation	Kolkata, India	24637401 / 7432	LifeLineKolkata.in	Email reach@lifelinekolkata.org or Email
Aasra for Students	Maharashtra State, India	2789-3756	Helpline.in	8:00 am - 9:00 pm / Email aasrahelpline@yahoo.com
Samaritans Sahara	Mumbai, India	307-3451	SamaritansHelpLine.in	
Vandrevala Foundation Mental Health Helpline	Mumbai, India	+91-2570-6000 / 1-860-266-2456	VFMHHelpLine.in	Facebook
Aasra	Navi Mumbai, India	+91-22-27546669	Aasra.in	24/7 Facebook Twitter
Sumaitri	New Delhi, India	011-23389090		Video
Maitreyi Helpline	Puducherry, India	(0413)233-9999	Maitreyi.in	Everyday 2 pm to 8 pm

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